

## BEYOND Packing Guide 2012

The *BEYOND* program is designed to give older teens adventure experiences that will foster growth spiritually and provide leadership training.

### ☐ Water BEYOND (July 8-13)

This list, due to the nature of the high adventure activities that your child will be participating in, contains items that are different than the general packing list for Main Camp and Adventure Camp. It is **essential to your child's experience and safety** that you send as many of these items as you can.

#### **Clothing:**

##### **Head:**

Knit hat/beanie hat

##### **Upper Body:**

T-shirts

Light weight synthetic short sleeve shirt:  
[Synthetic material gives greater warmth and wicks water from the body. These shirts can contain polypropylene or other hydrophobic/wicking fabric. Nothing made with cotton.]

Light weight synthetic long sleeve shirt:  
Fleece Jacket or Wool Sweater  
Wind Breaker/light weight nylon jacket

##### **Lower Body:**

Underwear

2 to 3 pairs of loose fitting shorts

Light weight synthetic long underwear bottoms

1 pair of long pants (preferably loose fitting and not cotton or jeans)

1 piece swimming suit

##### **Feet:**

[*Earth Week*] 1 pair of hiking boots with plenty of ankle support or [*Water Week*] water shoes

Additional pair of sneakers/sandals

4+ pairs of light weight socks

2 to 3 pairs of heavy weight hiking socks

### ☐ Earth BEYOND (July 22-27)

#### **Outer Layer:**

Rain jacket

Rain pants if possible

#### **Sleeping Gear:**

Sleeping Pad

Sleeping Bag (small as possible)

Lightweight hammock (optional)

#### **Other Essentials:**

Hiking Backpack (New Life will provide this unless you have a beyond-average pack)

2 - 32oz. Water bottles (this is a must have item and if your child doesn't have them you will be required to purchase them at camp)

1 Flashlight with extra batteries: a head lamp works best and can be purchased relatively inexpensively at Wal-Mart

Towel

Toiletries with Sun Block

Pocket Knife: small folding knife with a blade less than 4.5 inches long

1 sturdy Tupperware bowl with lid

6 large heavy plastic garbage bags

1 pair sunglasses

Medications in their original container.

Bible and pen with note pad

#### **Optional:**

Compass

Camera (New Life will not be responsible for any damage or loss to your child's camera)

Small folding camp chair

#### **Note:**

Most of these items can be purchased at relatively inexpensive prices from Wal-Mart or other discount department stores.