

# Adventure Camp FAQ

Adventure Camp is a rustic, outdoor adventurous program that uses the challenges of outdoor living, combined with the unique activities, to teach important life lessons and build character into each camper. With up to 14 campers per week, the weekly schedule is adventurous and sometimes strenuous and the joy and satisfaction of completing the challenge is very rewarding. Daily Bible lessons are taught and modeled by the Adventure Camp staff each day no matter whether the group is on the trail, the river, or climbing a mountain. Below you will find some information on the nature of Adventure Camp that will help you better understand the program.

- Nature of Adventure Camp
  - **Is Adventure Camp all fun?**—Of course! New Life Bible Camp's philosophy is to be a quality camp where God's Word impacts each camper. Our adventure program falls right in line with this philosophy. While we love to have fun in a variety of outdoor ways Adventure Camp uses that fun to teach the Word of God. We utilize teachable moments and experiential learning to emphasize Spiritual truth. If someone tried to explain the word trust to you, you would probably understand it but may not actually learn and retain what you heard. At Adventure Camp rather than teaching trust we experience it through activities such as rock climbing. After rock climbing 30 ft. campers really understand what it means to trust staff, ropes, and harnesses. This is a great opportunity to open the Word of God and talk about trust. Campers will better retain the discussion on trust because of their experience. This example is one of the many amazing different opportunities there are to teach spiritual truth. Campers come with their own set of needs whether physical, emotional, or spiritual. Staff are trained to observe and try to identify and meet these needs. In addition to this each week staff talk with individual campers about the Gospel.
  - **Are campers outside all the time?**--The very nature of Adventure Camp is that it is an outdoors wilderness camp. Campers sleep in tents, hammocks, or shelters, meals are made outside, but we do make an effort to stay dry. We have a pavilion, rain jackets, and arrange activities to be suitable to that day's weather. Staff are trained in the outdoor environment and know how to respond to thunderstorms. The outdoors provide campers amazing

opportunities for both fun and learning not to mention the stunning beauty of God's creation.

- **What activities are there this year?**—Almost as soon as the summer ends in August planning resumes in October. As our full time Adventure Coordinator plans throughout the year a concentrated effort is made to make the program fun, utilize opportunities to open God's Word, make the program better than it was last year, and to rotate in new activities and locations. There will also be loads of games and night games (we love to play games) rock climbing, river canoeing, rappelling, hiking, caving, and swimming. All of our activities are challenge by choice. Campers choose whether or not they want to participate in each activity. We do encourage each camper to challenge themselves to learn and experience new things. When it comes to learning at Adventure Camp we practice facilitating (allowing the experience to play out and drawing truths from it) rather than guiding (manipulating the experience to emphasize a point). We want campers to learn from their specific experiences.
- **What do the staff do?**—Each summer Adventure Camp hires four summer staff for a total of five staff. The program leader, who is full time staff, is trained in Wilderness First Aid, assessing risk, making decisions, leading all activities from rock climbing to river canoeing, and leading staff. The four summer staff are all trained in CPR and First Aid. Their responsibilities include supervising campers, leading and experiencing activities right alongside the campers, counseling, outdoor cooking, and logistics.
- **What does food look like at Adventure Camp?**—You may be wondering what meals look like in the outdoors. Our food comes from local grocery stores so it is fresh as well as healthier than processed foods. Typically anything that needs to stay cold goes into a cooler and is used earlier in the week. An intentional effort is made to provide a variety of food types, to accommodate gluten and dairy free diets, and to rotate new foods in each year.
- **Which week should my camper go to?**— 6-8<sup>th</sup> grade weeks base themselves out of our campsite at New Life. While they go offsite for some activities such as canoeing and rock climbing they also stay onsite for mt. biking or hiking. They generally do not spend more than one night offsite camping. These weeks allow campers to experience a variety of activities while keeping them age appropriate. 9-12<sup>th</sup> grade weeks experience the highest level of challenge Adventure Camp has to offer. High Adventure week being the capstone of Adventure Camp. 9-12<sup>th</sup> campers go offsite for activities and

spend most but not all of their nights offsite camping. A camper in 8<sup>th</sup> grade may choose which week to go to but it is recommended to go to a 6-8<sup>th</sup> grade week.

- **What should my camper expect?**—“A day in the life of an Adventure Camper” While different weeks have different activities (see our summer brochure) the average day looks like this. Wake up 7:30, breakfast 8:00, devotions 8:30, active games 9:00, team building 9:30, passive games 10:00, depart for next destination 10:30-11:00, lunch 12:00, the days main activity 1:00 (climbing or hiking or canoeing, etc.), 4:30 load up and head to campsite, 6:00 dinner, 6:30 devotional, 7:00 free time, 8:45 night game, 9:30 day’s debrief, 10:00 lights out.

- **What do I need to pack for my camper?**

Go to the downloads tab on our website ([newlifebiblecamp.com](http://newlifebiblecamp.com)) and scroll down to Adventure Camp Forms. There you will find a list of everything you will need for your week. If you have questions contact Zach:  
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